



MONROEVILLE LIONS CLUB

"4TH of July 4K 4 Sight"

Run with the Bulls (& the Lions) on the 4th!

- Check out: <http://RunForSight.org/>

Proceeds benefit the visially-impaired

Run 4 Fun and 4 Exercise, Then Stay 4 the Parade !!



Avoid The Sticker

DATE: Saturday , July 4, 2020 --- Start Time: 8:30 AM

**Starting and Ending Location: Mall Circle across from Goodyear Auto
(Read about parking below)**

Registration and Check In - 7:20 Start

*** Lower Part of Parade Route - Monroeville Mall Circle out to Sheets on Rt 22 and back to Goodyear on Mall Circle**

RACE AWARDS: Awards will be presented to the top 3 male and female 4K finishers overall. Also, 4K male and female age groups winners and others as noted below. No duplication. No awards assigned to those finishing more than 40 minutes after start. Age Groups- 1st Place Only: M&F(10 & under, 11-14, 15-19), F46-49, M 66-69, F 60-69, F 70+ 1st, 2nd, & 3rd Places: M&F(20-29, 30-39), M40-44, M45-49, F40-45, F50-59, M50-54, M55-59, M 60-65, M70+

REGISTRATION Fees: Runners: \$20.00 - Pre-registered if by June 26.

(Non-refundable fees) \$25.00 after June 26 and up through Race Day

Checks payable to Monroeville Lions Foundation

T-SHIRTS, & Red Bandannas: Guaranteed to the 1st 140 Pre-registered runners

(wear as much white as you can)

Online Registration at RunSignUp.com/race/pa/Monroeville/Lions4thOfJuly4K4Sight or mail to Tom Leax, 304 Shalimar Ct, Monroeville, 15146, or e-mail: monroevillelion@gmail.com

PARKING: Should find ample parking at or near the At Home store or Home Goods off of Oxford Dr. Stay to watch the Parade!

Cut here ----- Cut

Waiver

I certify that I am physically fit and have trained for this event. I, intending to be legally bound, do hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, waive and release any and all claims for damages that may accrue against all sponsors, agents, and all municipalities, individuals and organizations involved in the race from any and all claims for damages of any kind or nature whatsoever, foreseen or unforeseen. I will assume my own medical and emergency expenses in the event of any accident, incapacity, or injury resulting from my participation. I also release any photos of this event for any purpose. I know entry fees are not refundable for any reason.

Name _____ Age _____ SEX M F

Address _____ City _____ State _____ Zip _____

_____ 4K Run Checks payable to Monroeville Lions Foundation

Phone No. (_____) _____

T-Shirt Size S M LG XL

Optional: email address for notification of future races _____

Signature _____ By Parent or Guardian if Applicant is under 18